



2<sup>nd</sup> May 2023

Dear Parents/Carers,

Over the last few years, we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

These lessons have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

In 2019 we consulted with parents on the changes we were making to the teaching of Sex Education through the 'Changing Me' unit which will be taught again next half term. In every year group, the series of lessons will help children understand the changes puberty brings and how human reproduction happens. The younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and human reproduction.

We do as always want to work in partnership with parents and carers and wish to inform you of your legal right to withdraw your children from some aspects of this work. The government made Relationships Education and Health Education statutory for all primary schools from September 2020 and you can view the new statutory requirements in the attached leaflet, so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and the aspects parents have the right to withdraw their children from. We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them.

If you have any questions or concerns about the Changing Me unit of learning, please contact your child's class teacher and we can provide you with a more comprehensive picture of what we are planning to teach in your child's year group.

We hope you will agree with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

Kind regards

Mrs F Bennett  
EYFS Teacher & PSHE Federation Lead